

FOOD MENU FOR BOARDING - AUGUST 2024

MONDAY

Breakfast:

Idly with Chutney, Sambar & Banana, Milk

Snacks :

Vermicelli Upma & Chutney

Lunch :

*Rice & Chapathi with
Paneer Curry & Drumstick Dal
Butter Milk*

Evening Snacks :

Boiled lobiya & Groundnuts

Dinner :

*Rice & Chapathi with Aloo tomato curry
Rasam, Boiled egg*

WEDNESDAY

Breakfast:

Khichdi & Khagina, Katta & Banana, Milk

Snacks :

Banana with Milk

Lunch :

*Rice with Mixed veg curry, Sambar, Fryums
& Curd*

Evening Snacks :

Palak Pakoda

Dinner :

*Rice & Chapathi with Chole Masala curry
Rasam, Fryms*

TUESDAY

Breakfast:

*Uthappam & Upma with Chutney & Banana,
Milk*

Snacks :

Bread Pakoda & Tomato Ketchup

Lunch :

*Rice & Ragi Ball with
Chicken Curry, Veg Curry, Tomato Dal &
Curd*

Evening Snacks : Boiled Channa

Dinner :

*Rice & Papad & Turai Channa Dal &
Tomato Chutney*

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THURSDAY

Breakfast :

Bonda & upma with Chutney, Banana, Milk

Snacks :

Bread & Jam with Milk

Lunch :

Veg-Biryani with Brinjal Masala Curry & Raita

Evening Snacks :

Chudwa

Dinner :

Rice with Tomato cauliflower Curry & Rasam, Fryums

SATURDAY

Breakfast :

Pulihora & Vermicelli Upma with Chutney,

Putnala Karampodi, Banana, Milk

Snacks :

Pav & Chole Curry

Lunch :

Rice with Veg-Curry, Tomato Rasam,

Papad & Curd

Evening Snacks :

Sweet

Dinner :

Veg-Pulav with Sambar & Raita

FRIDAY

Breakfast :

Vada, upma & sambar Chutney, Banana, Milk

Snacks :

Dahi Vada

Lunch :

Bagara Rice with Chicken 65, Dalcha & Curd

Evening Snacks :

Aloo Bajji & Tomato Ketchup

Dinner :

Rice & Chapathi with Aloo Green peas curry & Chutney

SUNDAY

Breakfast :

Bread & Jam, Omelette, Banana, Milk

Snacks :

Biscuits

Lunch :

Rice with Rajma curry, Sambar, Chutney

Evening Snacks :

French fries/Corn etc.

Dinner :

Chicken Biryani & Veg-Biryani with Mirchi ka salan & raita